

PEPTIDES *with* PURPOSE

FIT™

BE UNSTOPPABLE.



NATURALLY-FLAVORED STICK PACK POWDER

- Proprietary Bioactive Precision Peptides
- Naturally Flavored - Amazing Taste
- Convenient On-The-Go stick pack delivery
- Supports natural muscle recovery process
- Protects muscle mass to support healthy aging
- Reduces recovery time after exercise

THE BUILDING BLOCKS OF BETTER HEALTH
MAKE



*Based on conducted human clinical trials

MAKE™

W E L L N E S S

Metabolic Matrix™ with PeptiStrong PLUS has been shown to:

- 47%** less fatigue* with a return to a higher than baseline strength levels
- 103%** strength recovery vs 68% compared to whey protein
- 4X** protein synthesis* than compared to whey protein
- 54%** increase in performance*

FIT, by MAKE Wellness is the answer. Whether you're a professional bodybuilder, college student, casual athlete, or simply a busy mom trying to make it through the day—it's time to unlock the best you!



PROMOTE MUSCLE PROTEIN SYNTHESIS



PROMOTE MUSCLE STRENGTH RECOVERY



REDUCE MUSCULAR FATIGUE



SUPPORT MUSCULAR ENDURANCE



SUPPORTS HEALTHY AGING THROUGH INCREASED NAD+

How Does Metabolic Matrix™ Work?

Key Mechanisms of Action

The health of our muscles is affected by a complex balance of factors, which include:

- Muscle Loss (protein breakdown)
- Muscle Gain (protein synthesis)
- Energy Homeostasis
- Supports Methylation [MTHFR]
- Increase NAD+ levels

POWERED BY PROPRIETARY METABOLIC MATRIX™ TECHNOLOGY

Metabolic Matrix™ featuring PeptiStrong PLUS, which has been clinically shown to positively affect muscle health through the following healthy benefits:



1 Boost Power
Increase Strength

2 Train More
Recover Faster

3 Build, Repair, Retain
Lean Muscle

4 Sustained and
Balanced Energy

Maintaining muscle is the new fountain of youth. Muscle is the most abundant tissue in the human body, making up approximately 35% of our total body weight. The 600+ muscles in the body are responsible for all our movement and support of daily activities. Increasing muscle mass has shown a 17% reduction in all-cause mortality*.

*References: Momma, H; et al, (2022) Brit J Sports Med, 022; 56: 755-763, Cal, R; et al, (2020) Nutrients, 12(8),2274, Corrochano, R; (2021) Curr Res Food Sci, 4, 224-232, Nuritas in vitro study report, available by request, Weijzen, M; et al, (2023) J Nutr, 153(6),1718-1729, Kerr, A; et al, (2023) Nutrients, 15(4), 986

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.